

HOW TO PRESS FLOWERS

What you'll need:



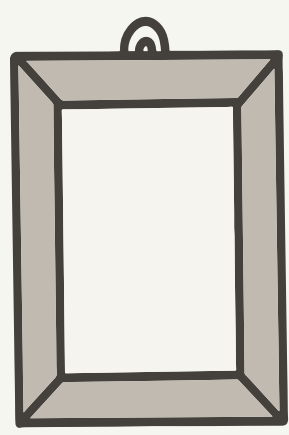
Flowers



Paper



Scissors



Picture Frame



Heavy Books



Tweezers



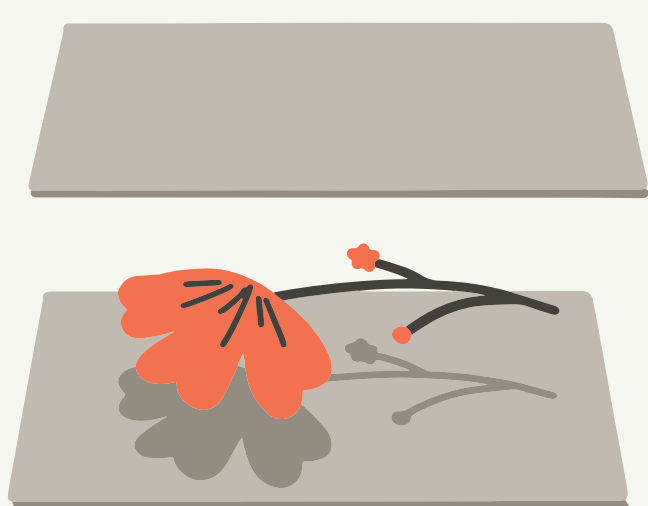
STEP 1: The Flower

Picking the right flower is key. The color will fade once it's pressed so find a flower that's vibrant and freshly bloomed.



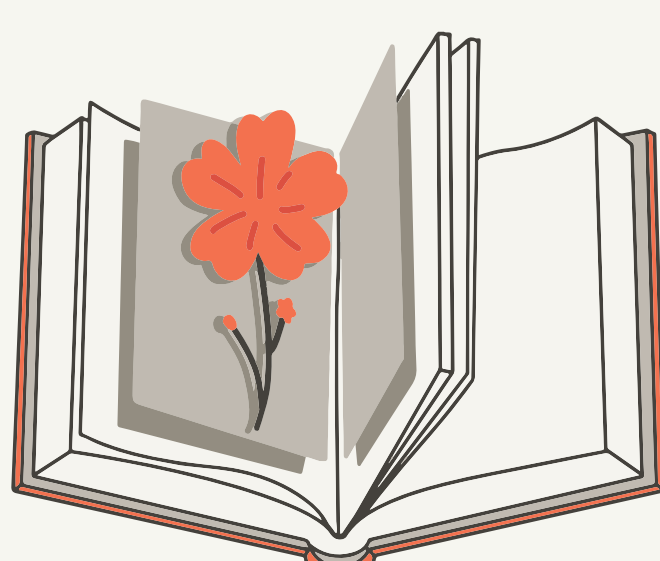
STEP 2: Preparation

Trim away any unwanted leaves or stems. If it's a thicker flower, such as a rose, you'll want to split it down the middle with scissors or a knife, so it's easier to press.



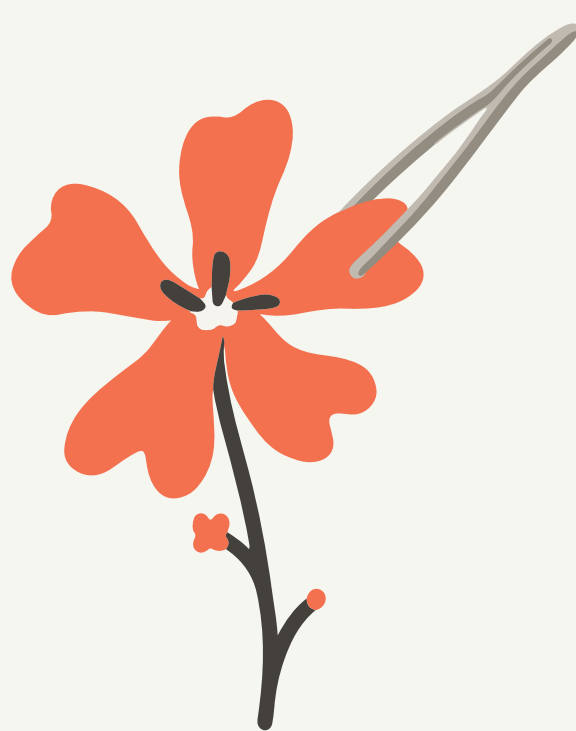
STEP 3: The Paper

Get some parchment paper, cardboard or even a coffee filter. Then place the flower between two pieces of paper, positioning it so the bloom is facing down.



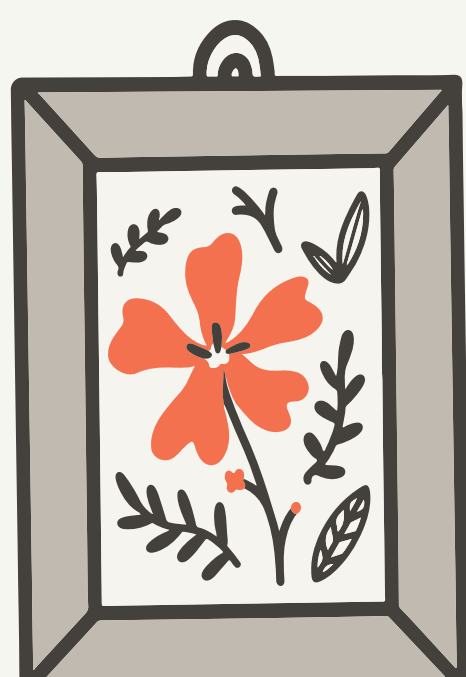
STEP 4: The Press

Find the biggest book you have, and place the paper with your flower in it somewhere in the middle and carefully close the book. Now, place other heavy objects on top of the book, such as a brick or more books.



STEP 5: Final Steps

Change the paper once every three days. The flower will be dry in three to four weeks. If it doesn't have a papery feel, change the paper and let it sit longer. Once it's done, remove the flower very carefully (with tweezers, or hands), as it will be very delicate.



STEP 6: Display

Now that you've pressed your flower, you can display it in a variety of ways. Our favorite way is to arrange one or more flowers in a picture frame to hang on a wall.